

Uitslag XXL Mannen

Pos	Bib#	Naam	M/F	Zwemmen	#Z	Wissel 1	#W1	Fietsen	#F	Lopen	#L	Totaal
1	31	Michael Krijnen	M	0:24:37	1	0:01:35	2	1:43:56	2	1:28:52	2	3:38:58
2	9	Joost Christiaans	M	0:27:09	3	0:01:27	1	1:40:41	1	1:38:51	7	3:48:06
3	33	Tom Michielsen	M	0:33:56	27	0:02:50	16	1:45:10	3	1:26:26	1	3:48:20
4	49	Erik Zijlstra	M	0:29:06	5	0:02:28	8	1:49:42	9	1:37:25	5	3:58:39
5	17	Mathijs groeneveld	M	0:30:19	12	0:01:54	3	1:46:54	5	1:40:29	11	3:59:34
6	22	Wiger Hellema	M	0:29:25	9	0:01:59	4	1:49:30	8	1:39:41	9	4:00:33
7	6	Remy Brunsveld	M	0:30:23	13	0:02:59	19	1:51:59	16	1:35:15	4	4:00:35
8	48	Zeger Zeilemaker	M	0:31:39	19	0:02:42	13	1:47:38	6	1:39:28	8	4:01:25
9	41	Thomas Putters	M	0:26:20	2	0:02:06	5	1:55:21	18	1:39:58	10	4:03:44
10	16	Bas Germs	M	0:27:46	4	0:02:10	6	1:55:52	19	1:38:40	6	4:04:27
11	46	Holger Wagenaar	M	0:33:57	28	0:03:27	27	1:48:00	7	1:41:36	12	4:06:59
12	14	Reinhard van Dijk	M	0:31:52	22	0:02:39	10	1:49:53	10	1:45:05	14	4:09:27
13	27	Geert van Iersel	M	0:31:35	17	0:02:44	14	1:50:23	11	1:45:12	15	4:09:53
14	43	Lennaert Steen	M	0:35:59	31	0:03:02	21	1:45:51	4	1:48:10	16	4:13:02
15	24	Bart Hofman	M	0:31:37	18	0:02:54	17	1:50:34	12	1:48:13	17	4:13:17
16	19	Arnoud Hageman	M	0:30:49	15	0:03:14	23	1:51:35	13	1:48:51	18	4:14:28
17	50	Jeroen Zijlstra	M	0:30:37	14	0:02:40	12	1:51:47	15	1:51:32	19	4:16:35
18	4	Huub Bots	M	0:31:54	23	0:03:21	25	1:51:37	14	1:53:22	20	4:20:13
19	32	Ronald Meier	M	0:29:09	6	0:03:23	26	1:55:20	17	1:53:34	21	4:21:25
20	37	Adriaan Pandelaers	M	0:37:32	32	0:05:39	37	2:04:00	28	1:35:06	3	4:22:15
21	39	Koen Peeters	M	0:37:49	33	0:04:18	33	1:57:30	22	1:44:08	13	4:23:44
22	13	Jeroen van Dijk	M	0:29:15	7	0:02:11	7	1:57:00	21	1:59:05	24	4:27:30
23	30	Harald Kraaij	M	0:29:16	8	0:04:11	30	1:56:50	20	2:05:52	30	4:36:07
24	20	Frank Hamelink	M	0:31:46	21	0:02:56	18	2:03:10	26	2:00:08	25	4:37:59
25	28	Oscar de Jong	M	0:31:41	20	0:02:48	15	2:02:35	25	2:01:19	26	4:38:22
26	2	Corné Bastiaansen	M	0:30:51	16	0:02:39	11	1:58:44	23	2:06:11	31	4:38:24
27	8	Jan Peter Busman	M	0:35:25	30	0:03:15	24	2:03:15	27	2:10:30	32	4:52:24
28	18	Wim de Groot	M	0:31:55	24	0:03:02	20	2:06:17	29	2:11:22	33	4:52:35
29	25	Bas Hoogenboom	M	0:34:05	29	0:05:24	36	1:58:59	24	2:16:13	36	4:54:39
30	35	Rik Murray	M	0:37:54	34	0:06:28	41	2:10:01	32	2:02:21	27	4:56:42
31	26	Jan Willem van Huet	M	0:41:21	39	0:05:45	38	2:14:01	35	1:56:43	23	4:57:48
32	1	Alex Bloemsma	M	0:30:09	11	0:04:13	31	2:13:34	34	2:14:07	35	5:02:02
33	45	Peter Tijsen	M	0:32:39	26	0:03:38	28	2:06:58	31	2:19:01	39	5:02:15
34	12	Nico Dam	M	0:43:28	40	0:04:34	34	2:11:13	33	2:05:39	29	5:04:53
35	7	Armand Burgers	M	0:39:08	36	0:02:36	9	2:06:20	30	2:18:30	38	5:06:34
36	11	Maarten Cox	M	0:40:48	38	0:05:52	39	2:23:52	39	1:56:10	22	5:06:40
37	34	Martin Molenaar	M	0:38:08	35	0:06:09	40	2:21:01	37	2:12:33	34	5:17:49
38	3	Erik Boender	M	0:32:34	25	0:04:17	32	2:14:58	36	2:32:21	41	5:24:08
39	5	Wouter Bouw	M	0:47:13	41	0:07:57	42	2:28:53	41	2:02:36	28	5:26:38
40	42	Bert Rodermond	M	0:49:21	42	0:04:09	29	2:23:00	38	2:17:26	37	5:33:55
41	38	Isidro de Paz Garcia	M	0:40:09	37	0:04:47	35	2:27:30	40	2:22:39	40	5:35:04
42	21	Henk Heemskerck	M	0:29:52	10	0:03:11	22					DNF

Uitslag XXL Vrouwen

Pos	Bib#	Naam	M/F	Zwemmen	#Z	Wissel 1	#W1	Fietsen	#F	Lopen	#L	Totaal
1	53	Simone Hakenberg	F	0:27:27	2	0:02:06	2	1:56:50	2	1:45:03	1	4:11:24
2	52	Silvia Brouwer	F	0:27:25	1	0:02:04	1	1:56:34	1	1:49:20	2	4:15:21
3	57	Esmeralda Spek-Hovestad	F	0:30:47	3	0:02:38	3	2:11:38	5	1:59:37	3	4:44:40
4	56	Arlana van Ommen	F	0:38:40	6	0:02:53	4	2:04:46	3	2:05:34	4	4:51:52
5	51	Belinda Abbing	F	0:31:10	4	0:03:39	7	2:16:36	6	2:14:54	6	5:06:17
6	55	Paula IJzerman	F	0:40:45	7	0:03:27	6	2:17:16	7	2:14:36	5	5:16:02
7	58	Kim Strengman	F	0:42:52	8	0:11:00	8	2:35:49	8	2:51:08	7	6:20:48
8	54	Anne Hobbelt	F	0:37:43	5	0:03:21	5	2:10:24	4			DNF

Uitslag XXL Teams

Pos	Bib#	Naam	Zwemmen	#Z	Wissel 1	#W1	Fietsen	#F	Lopen	#L	Totaal
1	67	(Arie de Jong, Arie de Jong, Erwin de Jong)	0:26:44	4	0:02:12	11	1:38:41	1	1:48:11	5	3:55:47
2	60	(Paul Wijnja, Harry Cornet, Arjon de Bok)	0:26:56	5	0:01:16	3	1:48:15	3	1:41:55	2	3:58:21
3	68	(Hessel Kruijer, Johan van Splunter, Cora van Drunen)	0:29:42	6	0:01:24	6	1:44:25	2	1:54:59	9	4:10:28
4	64	(Jari Groenhart, Raymond Groenhart, Gert Wigchers)	0:21:06	1	0:01:41	9	1:58:06	6	1:50:43	7	4:11:34
5	65	(Marco Nijkamp, Harold Heering, Erwin Stam)	0:31:39	9	0:01:16	2	1:49:09	4	1:51:40	8	4:13:42
6	61	(Frank Hermanie, Paul Huizinga, Annemieke Docter)	0:29:51	7	0:01:10	1	1:51:36	5	2:00:39	10	4:23:14
7	62	(Marco Leijen, Willem Koster, Nauk van der Donk)	0:26:03	3	0:01:47	10	2:12:59	11	1:47:43	4	4:28:30
8	69	(Auke van Telgen, Jos Timmerman, René Smit)	0:43:50	11	0:01:39	8	2:02:08	8	1:43:02	3	4:30:38
9	66	(Raymond Janssen, Paul Janssen, Raymond Janssen)	0:34:56	10	0:02:21	12	2:11:03	10	1:50:26	6	4:38:45
10	70	(Betty Rijnberg, Erik Eefting, Annemieke Weijling)	0:31:23	8	0:01:21	4	2:02:19	9	2:05:02	11	4:40:04
11	71	(Ferdie Witvoet, Paul Splint, Ferdie Witvoet)	0:25:30	2	0:01:36	7	2:39:32	12	1:37:10	1	4:43:46
12	63	(Jurjan Flinkert, Eric de Vries, Jurjan Flinkert)	0:44:08	12	0:01:24	5	2:01:42	7	2:13:16	12	5:00:29

Uitslag XL Mannen

Pos	Bib#	Naam	M/F	Zwemmen	#Z	Wissel 1	#W1	Fietsen	#F	Lopen	#L	Totaal
1	98	Berry van Holland	M	0:17:09	1	0:01:59	2	1:14:35	1	1:07:57	6	2:41:38
2	101	Ger Inberg	M	0:21:54	11	0:01:58	1	1:19:05	12	1:04:32	2	2:47:26
3	144	Jeroen van der Vlist	M	0:19:35	5	0:02:14	4	1:19:38	15	1:09:28	7	2:50:53
4	100	Tom Hopman	M	0:22:16	14	0:02:26	8	1:20:09	17	1:06:46	4	2:51:35
5	139	Mark Slotboom	M	0:21:50	10	0:02:18	5	1:17:15	4	1:10:44	11	2:52:05
6	126	Klaas Ridder	M	0:19:59	6	0:02:28	9	1:18:30	10	1:11:50	14	2:52:46
7	135	Erik Millian Schöbel	M	0:20:01	7	0:03:14	26	1:23:51	26	1:05:43	3	2:52:48
8	143	Jelle van der Velde	M	0:20:19	8	0:02:54	16	1:19:16	14	1:10:36	10	2:53:04
9	150	John van der Zee	M	0:23:24	20	0:02:43	13	1:17:52	6	1:10:15	9	2:54:13
10	122	Gerben Posthumus	M	0:22:56	16	0:03:24	33	1:17:55	7	1:11:19	12	2:55:33
11	130	Dennis roordink	M	0:21:30	9	0:02:00	3	1:17:16	5	1:16:56	26	2:57:41
12	125	Wilfried Reuvers	M	0:26:31	34	0:02:41	12	1:16:16	3	1:12:27	16	2:57:54
13	141	Merijn van Steveninck-de Ruijt	M	0:25:45	31	0:04:04	40	1:23:55	27	1:04:16	1	2:57:59
14	78	Marcel Ammeraal	M	0:25:48	32	0:03:16	27	1:18:24	9	1:13:08	18	3:00:34
15	119	Stefan Nijenhuis	M	0:24:46	28	0:02:30	10	1:15:45	2	1:17:37	28	3:00:37
16	83	Erik Deenen	M	0:23:55	24	0:03:05	20	1:27:24	36	1:07:07	5	3:01:29
17	132	Patrick Ros	M	0:27:18	42	0:02:46	14	1:20:16	18	1:11:21	13	3:01:40
18	149	Robin Wolbers	M	0:18:41	4	0:03:05	19	1:22:25	21	1:18:44	31	3:02:54
19	140	Jeroen Smits	M	0:26:39	35	0:02:38	11	1:18:57	11	1:14:48	20	3:03:00
20	137	Sander van Schoonhoven	M	0:18:23	3	0:03:23	31	1:26:17	32	1:16:06	23	3:04:08
21	89	Dirk Duijn	M	0:28:04	45	0:03:08	21	1:22:57	23	1:10:12	8	3:04:20
22	107	Marco Klaassen	M	0:21:54	12	0:02:50	15	1:22:09	20	1:18:09	29	3:05:01
23	118	Danny van Mourik	M	0:23:40	22	0:04:01	39	1:21:40	19	1:16:17	24	3:05:37
24	102	Ted de Jager	M	0:17:51	2	0:03:13	23	1:26:17	33	1:19:47	34	3:07:07
25	113	Wietse Lolkema	M	0:23:05	17	0:02:20	7	1:19:09	13	1:23:07	41	3:07:39
26	116	Bastiaan Meijer	M	0:23:45	23	0:04:35	44	1:27:51	40	1:12:28	17	3:08:38
27	131	Christiaan Rooseboom	M	0:26:53	39	0:05:19	52	1:26:29	35	1:13:46	19	3:12:26
28	106	Marinus Keuvelaar	M	0:26:49	38	0:03:14	25	1:19:59	16	1:23:53	45	3:13:52
29	117	Wout Moes	M	0:23:21	19	0:03:13	24	1:18:19	8	1:29:16	52	3:14:07
30	138	Yvor Seinen	M	0:22:21	15	0:03:35	37	1:26:19	34	1:22:09	36	3:14:22
31	87	Martijn Dragt	M	0:23:29	21	0:03:45	38	1:24:06	28	1:23:42	44	3:15:01
32	96	Henk Hoekstra	M	0:27:08	41	0:03:31	34	1:27:39	39	1:17:08	27	3:15:24
33	129	Don Rolfes	M	0:24:48	29	0:04:37	45	1:31:42	46	1:15:49	21	3:16:55
34	75	Gerben Aijtink	M	0:27:27	43	0:04:12	41	1:23:14	24	1:23:04	39	3:17:54
35	91	Daniel van Faassen	M	0:28:06	46	0:05:52	58	1:25:26	30	1:19:27	32	3:18:50
36	94	Eric Groeneveld	M	0:24:31	27	0:04:14	42	1:23:17	25	1:27:47	50	3:19:47
37	80	Ed Boonders	M	0:22:04	13	0:05:31	54	1:37:37	57	1:16:05	22	3:21:16
38	95	Sjon de Haan	M	0:24:29	26	0:03:32	35	1:30:21	44	1:23:25	43	3:21:46
39	151	Sebastiaan zegers	M	0:26:43	36	0:03:19	28	1:28:24	41	1:23:22	42	3:21:46
40	79	Jan Boeve	M	0:24:15	25	0:03:24	32	1:22:51	22	1:32:43	56	3:23:12
41	147	Richard van der Werff	M	0:32:56	58	0:04:43	46	1:34:16	51	1:12:15	15	3:24:09
42	127	Sierk Rijkeboer	M	0:28:31	49	0:04:18	43	1:27:29	37	1:24:26	47	3:24:42
43	85	Brend Dikkers	M	0:34:24	61	0:02:20	6	1:24:36	29	1:24:06	46	3:25:24
44	120	Ruurd Noordhuis	M	0:34:22	60	0:03:04	18	1:27:29	38	1:22:04	35	3:26:58
45	104	Harold Jan ten kate	M	0:27:58	44	0:06:54	63	1:33:09	48	1:19:28	33	3:27:28
46	142	Nico Swart	M	0:29:24	53	0:05:12	50	1:36:10	53	1:16:47	25	3:27:32
47	105	Arno Katerberg	M	0:31:27	57	0:05:55	59	1:29:24	42	1:22:12	37	3:28:56
48	123	Tonnie Pruis	M	0:28:34	50	0:05:20	53	1:37:14	56	1:18:31	30	3:29:38
49	146	Jan Tjeerd Groenewoud	M	0:26:46	37	0:05:40	56	1:35:50	52	1:23:05	40	3:31:19
50	136	Aaldrik Scholtens	M	0:29:11	51	0:03:19	29	1:34:16	50	1:27:37	49	3:34:22

Pos	Bib#	Naam	M/F	Zwemmen	#Z	Wissel 1	#W1	Fietsen	#F	Lopen	#L	Totaal
51	112	Ralph Lieveense	M	0:27:03	40	0:05:10	49	1:26:07	31	1:38:17	59	3:36:37
52	77	Eelco Algra	M	0:28:11	47	0:04:49	47	1:33:46	49	1:30:05	53	3:36:50
53	121	Gerwin van Os	M	0:28:17	48	0:04:57	48	1:32:53	47	1:30:53	54	3:36:59
54	99	Martin Hoogerkamp	M	0:23:06	18	0:03:34	36	1:29:51	43	1:41:03	61	3:37:32
55	128	Alexander Rijdsijk	M	0:29:22	52	0:05:13	51	1:36:53	55	1:26:11	48	3:37:37
56	115	Marko Meerman	M	0:25:01	30	0:03:10	22	1:31:13	45	1:39:22	60	3:38:44
57	92	Jeroen Fokken	M	0:34:35	63	0:06:04	60	1:39:15	60	1:22:59	38	3:42:51
58	109	Bas Kouwenhoven	M	0:34:26	62	0:03:19	30	1:36:40	54	1:28:47	51	3:43:11
59	90	Remon Ernst	M	0:29:45	54	0:06:43	62	1:45:31	62	1:30:54	55	3:52:52
60	82	Boudewijn Bos	M	0:30:43	56	0:07:57	65	1:47:36	63	1:37:48	58	4:04:02
61	153	Bernard Zwarts	M	0:36:34	65	0:06:20	61	1:39:10	58	1:42:09	62	4:04:10
62	152	Alfred Zwarts	M	0:35:17	64	0:07:35	64	1:39:10	59	1:42:09	63	4:04:10
63	81	Jeroen Bos	M	0:33:03	59	0:05:39	55	1:47:49	64	1:37:46	57	4:04:16
64	88	Jacco Dragt	M	0:30:25	55	0:05:45	57	1:45:04	61	1:54:38	64	4:15:50
65	111	Arjan Kruyt	M	0:25:52	33	0:02:59	17					DNF

Uitslag XL Vrouwen

Pos	Bib#	Naam	M/F	Zwemmen	#Z	Wissel 1	#W1	Fietsen	#F	Lopen	#L	Totaal
1	180	Hilde Venema	F	0:17:06	1	0:02:07	1	1:21:31	5	1:04:45	1	2:45:28
2	181	Natascha van der Vis	F	0:18:55	2	0:02:20	3	1:15:54	1	1:18:03	7	2:55:11
3	162	Sandra Dijk	F	0:20:17	4	0:02:41	5	1:20:20	3	1:19:47	10	3:03:04
4	182	Annelies Vrancke	F	0:26:42	13	0:02:14	2	1:19:08	2	1:17:48	6	3:05:50
5	155	Elvira van Bolhuis	F	0:20:23	5	0:02:37	4	1:21:00	4	1:24:52	12	3:08:51
6	173	Inga Lehmann	F	0:25:17	9	0:03:20	10	1:24:56	7	1:15:39	3	3:09:10
7	166	Bertine Grootemarsink	F	0:21:22	6	0:03:13	9	1:27:38	9	1:18:41	8	3:10:52
8	156	Mathilde Brandsma	F	0:19:07	3	0:04:03	15	1:32:45	12	1:20:04	11	3:15:58
9	175	Linda van Rijn	F	0:24:17	8	0:04:39	19	1:32:46	13	1:15:22	2	3:17:01
10	154	Marieke Bijtelaar	F	0:30:00	22	0:03:30	11	1:24:12	6	1:19:38	9	3:17:19
11	178	Thea Segeren	F	0:28:59	19	0:02:57	6	1:33:12	14	1:15:59	4	3:21:05
12	179	Mayra Smit	F	0:28:40	17	0:03:44	14	1:27:49	10	1:28:36	15	3:28:47
13	170	Maaïke Hornstra	F	0:28:40	18	0:04:48	20	1:38:26	16	1:17:12	5	3:29:05
14	172	Marjory Koller	F	0:24:08	7	0:03:05	8	1:28:37	11	1:34:23	16	3:30:12
15	176	Ilse Russcher	F	0:28:33	15	0:04:14	16	1:33:58	15	1:26:11	13	3:32:55
16	169	Miranda Hornstra	F	0:26:33	11	0:04:38	18	1:40:38	20	1:26:26	14	3:38:13
17	177	Sandra Schenk	F	0:26:50	14	0:03:32	13	1:38:40	17	1:34:35	17	3:43:36
18	158	Jacqueline Brouwer	F	0:29:00	20	0:05:17	22	1:41:35	21	1:40:42	19	3:56:32
19	165	Willie Evertse	F	0:31:22	23	0:03:32	12	1:40:00	19	1:41:51	20	3:56:44
20	183	Henriette Wildeboer	F	0:28:39	16	0:05:00	21	1:38:56	18	1:45:16	23	3:57:50
21	157	Djoeke Brons	F	0:26:33	12	0:04:35	17	1:47:32	23	1:39:56	18	3:58:34
22	171	Priscilla de Jong	F	0:29:46	21	0:06:43	25	1:45:31	22	1:46:14	24	4:08:12
23	163	Angelique Dijk	F	0:33:00	25	0:06:49	26	1:48:49	24	1:42:55	21	4:11:32
24	168	Renate Hofstee	F	0:35:27	26	0:05:29	23	1:54:33	25	1:44:41	22	4:20:09
25	161	Sandra van Diemen	F	0:26:17	10	0:03:05	7	1:27:06	8			DNF
26	174	Solveig Lennaerts	F	0:33:00	24	0:06:30	24					DNF

Uitslag XL Teams

Pos	Bib#	Naam	Zwemmen	#Z	Wissel 1	#W1	Fietsen	#F	Lopen	#L	Totaal
1	198	(Yne Age terpstra, Marco Verkade, Koos-Jelmer de Vries)	0:21:35	5	0:01:20	2	1:11:40	2	0:55:19	1	2:29:53
2	197	(Caja Veldhuizen, Jasper Jansens, Caja Veldhuizen)	0:19:12	2	0:01:18	1	1:10:17	1	1:17:05	9	2:47:52
3	191	(Jurrien Pelsinger, Bram Palm, Bram Palm)	0:25:28	10	0:01:46	9	1:17:55	5	1:04:08	3	2:49:16
4	196	(Daphne Spreen, Kevin Eefting, Sabine Spreen)	0:19:12	1	0:01:43	7	1:26:22	10	1:02:12	2	2:49:28
5	199	(Ramon Wanders, Johannes Wanders, Gerard Postma)	0:21:46	6	0:01:53	10	1:16:34	4	1:12:23	5	2:52:34
6	186	(Levien Buerman, Joost Brilleman, Ronald Pebesma)	0:20:14	3	0:01:57	11	1:19:07	7	1:14:13	6	2:55:29
7	187	(Romy van den Broek, Erik Assen, Eric van den Broek)	0:27:21	12	0:01:39	6	1:18:59	6	1:14:34	7	3:02:33
8	190	(Wendy Vet, Marcel Mullenders, Wendy Vet)	0:30:03	13	0:01:38	5	1:25:45	9	1:10:50	4	3:08:14
9	185	(Moniek Beute, Egbert zwiers, Mireille Beukers)	0:35:56	14	0:01:38	4	1:14:51	3	1:16:58	8	3:09:22
10	192	(Ciska Folkertsma, Kristie Hoeksma, Johan Revers)	0:23:33	8	0:02:26	13	1:20:22	8	1:25:49	12	3:12:09
11	188	(Hiddo Huitema, Bas van der Lee, Mariska Dijkstra)	0:25:20	9	0:01:58	12	1:28:33	11	1:22:04	10	3:17:53
12	194	(Linde van Harrij, Alex Nijhoff, Alex Nijhoff)	0:20:59	4	0:01:21	3	1:36:44	13	1:32:18	13	3:31:21
13	195	(Jolanda Splint, Wouter Splint, Erna Splint)	0:27:00	11	0:03:06	14	1:36:46	14	1:41:03	14	3:47:53
189		(Freek Uijen, Laura Drewes, Else Tutert)	0:23:14	7	0:01:45	8	1:36:41	12	1:24:08	11	DNF

Uitslag L Mannen

Pos	Bib#	Naam	M/F	Zwemmen	#Z	Wissel 1	#W1	Fietsen	#F	Lopen	#L	Totaal
1	242	Jordi Stam	22	0:12:05	3	0:03:06	14	0:38:46	2	0:26:48	1	1:20:43
2	239	Nick Sans	34	0:13:09	6	0:03:14	17	0:39:09	3	0:31:53	4	1:27:23
3	202	Cors van den Brink	55	0:14:57	18	0:02:30	2	0:37:34	1	0:33:13	8	1:28:12
4	214	Patrick Hensema	32	0:10:44	1	0:02:49	9	0:40:46	9	0:34:22	12	1:28:40
5	223	Jerry Koorman	41	0:13:20	7	0:03:19	19	0:40:20	7	0:31:51	3	1:28:48
6	240	Cor Schnieders	51	0:13:26	8	0:03:32	20	0:41:17	11	0:30:35	2	1:28:48
7	252	Eric van der Wal	32	0:13:29	9	0:02:36	4	0:39:36	5	0:33:40	9	1:29:21
8	211	Steffen de Groot	40	0:11:50	2	0:03:00	13	0:39:28	4	0:36:41	19	1:30:59
9	236	Ronald Prins	43	0:12:52	4	0:02:53	12	0:42:34	18	0:32:55	7	1:31:12
10	216	Freddy Hoogheem	41	0:13:07	5	0:02:47	8	0:41:21	12	0:34:31	13	1:31:44
11	250	Sebastiaan de Vries	32	0:14:47	15	0:02:41	7	0:42:22	17	0:32:28	5	1:32:16
12	208	Henk van Gijssel	50					0:39:43	6	0:36:22	17	1:34:07
13	215	John Hommes	48	0:18:59	49	0:03:08	15	0:41:07	10	0:33:44	10	1:36:57
14	232	Henk Onsman	48	0:14:25	13	0:02:37	5	0:40:41	8	0:39:31	26	1:37:13
15	227	Harold Meijer	37	0:15:01	19	0:03:34	21	0:41:30	13	0:37:18	21	1:37:20
16	207	Minko Folkertsma	47	0:15:02	20	0:03:10	16	0:42:04	16	0:37:09	20	1:37:24
17	217	Sjoerd Huinink	44	0:16:15	29	0:03:54	29	0:44:43	27	0:32:45	6	1:37:36
18	231	Michiel Okken	32	0:15:36	24	0:04:43	38	0:43:13	21	0:34:09	11	1:37:39
19	258	Quirijn Wijten	34	0:18:09	43	0:02:17	1	0:43:14	22	0:34:57	14	1:38:35
20	245	Febijan van Veen	40	0:16:55	40	0:04:08	31	0:42:36	19	0:35:24	15	1:39:01
21	241	Frans van Staalduinen	35	0:14:51	17	0:03:52	28	0:41:59	14	0:40:06	29	1:40:46
22	254	Wouter Wassing	23	0:15:08	22	0:03:52	27	0:47:00	34	0:36:04	16	1:42:02
23	203	Ricardo Donselaar	46	0:16:17	30	0:02:35	3	0:45:44	28	0:37:39	22	1:42:14
24	249	Rene de Vries	43	0:14:13	11	0:04:38	35	0:45:45	29	0:37:41	23	1:42:15
25	221	Sander Klinkhamer	41	0:14:12	10	0:03:35	22	0:42:01	15	0:42:53	39	1:42:40
26	200	Sander Biesma	40	0:15:17	23	0:03:45	24	0:46:07	30	0:38:51	24	1:43:59
27	260	Jeroen Zuidema	35	0:15:40	25	0:04:00	30	0:42:38	20	0:42:01	35	1:44:17
28	210	Eddy Greveling	31	0:16:00	26	0:02:53	11	0:43:18	23	0:42:08	36	1:44:17
29	247	Pascal ten Velde	44	0:16:44	34	0:02:52	10	0:44:41	26	0:40:16	30	1:44:33
30	238	Mark de Roos	117	0:16:48	35	0:03:46	25	0:47:35	39	0:36:33	18	1:44:41
31	205	Anton Eissens	36	0:16:56	41	0:04:33	34	0:44:36	25	0:38:52	25	1:44:56
32	213	Rik de Haan	49	0:14:18	12	0:03:50	26	0:48:02	41	0:40:56	31	1:47:04
33	244	Wouter Trumpie	39	0:16:38	32	0:03:18	18	0:48:24	43	0:40:04	28	1:48:22
34	256	Anne van der West	40	0:16:52	37	0:04:20	32	0:46:49	33	0:41:52	33	1:49:52
35	222	Jan Klopstra	49	0:15:08	21	0:04:40	36	0:44:18	24	0:47:04	47	1:51:09
36	219	Hendrik Ipema	50	0:14:50	16	0:06:11	46	0:47:37	40	0:42:40	37	1:51:16
37	255	Peter Wassink	29	0:18:30	47	0:04:27	33	0:47:22	37	0:42:55	41	1:53:12
38	110	Edwin Krijgsman	42	0:16:53	38	0:06:01	44	0:48:18	42	0:42:58	42	1:54:08
39	97	Martijn van den Hoeven	33	0:18:23	45	0:06:21	48	0:46:31	32	0:42:55	40	1:54:08
40	253	Eric Wandel	56	0:16:09	28	0:02:39	6	0:46:09	31	0:49:51	51	1:54:46
41	224	Ronald Leunge	26	0:18:49	48	0:04:54	41	0:48:41	44	0:43:18	43	1:55:40
42	226	Dennis Meijer	29	0:16:39	33	0:04:45	39	0:52:26	46	0:41:56	34	1:55:45
43	204	Niek Drent	27	0:17:37	42	0:06:49	50	0:47:27	38	0:45:42	44	1:57:33
44	257	Peter Westerhof	31	0:19:49	52	0:04:42	37	0:47:21	36	0:45:42	45	1:57:34
45	235	Henk Ferdi Pot	31	0:19:49	51	0:04:49	40	0:47:15	35	0:45:46	46	1:57:38
46	243	André Tiems	30	0:16:30	31	0:06:17	47	0:54:17	49	0:42:41	38	1:59:44
47	237	Pieter Prins	30	0:16:54	39	0:07:48	52	0:56:07	50	0:41:34	32	2:02:21
48	201	Erik de Boer	48	0:16:50	36	0:03:38	23	0:53:53	47	0:49:26	50	2:03:46
49	218	Bert Ipema	27	0:16:05	27	0:06:22	49	0:49:25	45	0:52:30	52	2:04:20
50	228	Arthur Meulman	52	0:18:25	46	0:06:50	51	1:03:06	54	0:39:36	27	2:07:55

Pos	Bib#	Naam	M/F	Zwemmen	#Z	Wissel 1	#W1	Fietsen	#F	Lopen	#L	Totaal
51	230	Robert Mulder	47	0:14:37	14	0:12:20	53	0:59:29	52	0:48:57	48	2:15:21
52	251	Harry Waijper	69	0:20:54	53	0:06:05	45	0:59:27	51	0:49:25	49	2:15:49
53	225	Rene Lopers	35	0:18:16	44	0:05:40	43	0:54:06	48	0:58:57	53	2:16:57
54	234	Arjen Pestoor	33	0:19:48	50	0:05:05	42	1:00:28	53	1:02:37	54	2:27:57

Uitslag L Vrouwen

Pos	Bib#	Naam	M/F	Zwemmen	#Z	Wissel 1	#W1	Fietsen	#F	Lopen	#L	Totaal
1	288	Dagmar Krijnen	40	0:12:15	1	0:02:09	2	0:39:35	1	0:35:16	3	1:29:14
2	265	Marije Botterblom	25	0:14:35	14	0:02:47	7	0:40:29	3	0:34:22	1	1:32:11
3	233	Renate van Oosten	117	0:13:35	9	0:03:05	12	0:40:12	2	0:36:28	6	1:33:19
4	266	Marieke van den Brink	19	0:12:35	4	0:01:59	1	0:43:40	7	0:35:49	4	1:34:03
5	286	Jehonne Koree	32	0:14:42	15	0:03:52	22	0:44:19	9	0:34:23	2	1:37:15
6	287	Marloes Kremer	35	0:12:39	5	0:02:28	3	0:46:25	15	0:35:51	5	1:37:22
7	301	Monique de Ruijter	42	0:15:59	25	0:02:48	8	0:44:38	10	0:36:28	7	1:39:52
8	261	Daniëlle Bekkering	40	0:17:24	37	0:02:43	6	0:42:02	4	0:37:57	11	1:40:05
9	282	Anita Klein	32	0:15:54	21	0:03:14	13	0:45:53	13	0:37:01	8	1:42:00
10	309	Sara Vergunst	39	0:12:21	2	0:03:47	20	0:45:42	12	0:41:00	17	1:42:47
11	302	Jeannette Schram-Moll	54	0:16:58	34	0:02:54	9	0:42:55	6	0:42:22	23	1:45:08
12	267	Karin Dee	43	0:15:55	22	0:03:20	17	0:46:49	16	0:39:37	12	1:45:40
13	281	Sandra Kleijn	44	0:13:15	8	0:02:56	10	0:52:12	28	0:37:18	9	1:45:40
14	312	Annemiek Walenkamp	48	0:15:37	19	0:03:14	14	0:44:55	11	0:42:22	22	1:46:06
15	315	Tanja Zwiars	39	0:14:52	16	0:03:27	18	0:47:46	19	0:40:16	15	1:46:19
16	293	Henny Vierhouten	53	0:16:41	32	0:04:32	33	0:44:15	8	0:42:13	21	1:47:39
17	273	Nicky del Grosso	48	0:14:32	11	0:02:40	5	0:42:29	5	0:48:19	37	1:47:59
18	297	Renske Postma	39	0:16:03	26	0:04:19	27	0:50:18	24	0:37:25	10	1:48:03
19	284	Anneke Kocks	41	0:15:57	24	0:04:09	25	0:49:32	22	0:41:01	18	1:50:37
20	305	Natasja Topelen	27	0:12:28	3	0:03:55	23	0:51:52	27	0:43:11	28	1:51:24
21	313	Lisa Werter	24	0:12:53	6	0:04:08	24	0:50:47	25	0:45:16	29	1:53:02
22	289	Nicole Lamers	24	0:14:33	12	0:02:33	4	0:49:58	23	0:46:02	32	1:53:05
23	262	Miriam Berends	30	0:15:50	20	0:04:24	29	0:46:25	14	0:46:28	34	1:53:05
24	306	Valerie Torenstra	37	0:18:29	48	0:04:27	31	0:47:23	18	0:42:55	27	1:53:13
25	277	Monique Hoogeveen	33	0:16:37	31	0:03:02	11	0:49:02	21	0:46:00	31	1:54:40
26	299	Paula Reuvers	39	0:15:25	17	0:05:53	46	0:52:32	29	0:41:56	20	1:55:45
27	283	Evelien Klein	30	0:17:47	40	0:04:23	28	0:53:39	34	0:40:23	16	1:56:10
28	279	Hillie Jager	32	0:17:52	41	0:04:30	32	0:52:45	31	0:42:28	24	1:57:32
29	278	Ankie Houwen	28	0:17:35	38	0:06:56	52	0:47:21	17	0:45:58	30	1:57:49
30	270	Anneke Geerings	39	0:15:56	23	0:03:16	15	0:53:03	32	0:46:07	33	1:58:21
31	295	Monique de Olde	45	0:15:30	18	0:03:43	19	0:47:52	20	0:52:21	41	1:59:25
32	280	Rika Jelsma	24	0:16:30	30	0:06:16	48	0:54:18	36	0:42:41	25	1:59:44
33	310	Anouk Voorhorst	35	0:14:34	13	0:04:25	30	0:51:05	26	0:50:38	39	2:00:40
34	263	Annelies Bijmolt	36	0:16:20	29	0:06:55	50	0:54:50	39	0:42:54	26	2:00:58
35	264	Marian Booijink	52	0:17:42	39	0:03:48	21	0:59:33	45	0:39:59	14	2:01:00
36	314	Yvonne Wight	39	0:16:59	35	0:05:27	44	0:52:40	30	0:47:02	35	2:02:06
37	294	Sanne Nieuwhof	28	0:18:42	49	0:05:58	47	0:56:09	41	0:41:34	19	2:02:21
38	276	Siemie Hoekstra	32	0:18:24	47	0:04:56	40	0:54:45	38	0:47:25	36	2:05:28
39	292	Mariska Meulman	53	0:18:21	45	0:06:55	51	1:03:06	49	0:39:46	13	2:08:07
40	268	Debbie van Dijk	26	0:18:24	46	0:04:48	38	0:53:29	33	0:52:44	42	2:09:23
41	285	Annie Koers	24	0:17:02	36	0:06:19	49	0:54:26	37	0:52:16	40	2:10:02
42	308	Eva Verbeek	33	0:17:54	42	0:56:41	53					2:10:21
43	298	Marjolein Pijper	117	0:13:13	7	0:03:20	16	1:00:03	46	0:55:23	44	2:11:56
44	307	Paulien Veen	25	0:13:44	10	0:04:52	39	0:57:36	43	0:55:52	46	2:12:03
45	290	Marieke Lopers	34	0:18:17	44	0:05:42	45	0:54:04	35	0:58:54	48	2:16:57
46	275	Nataschja Hettelder	117	0:20:02	51	0:04:41	37	0:56:24	42	0:58:40	47	2:19:45
47	311	Manon Vos	47	0:16:13	28	0:04:40	36	1:10:27	52	0:48:49	38	2:20:08
48	269	Christa Ellen	55	0:16:11	27	0:05:23	43	0:58:36	44	1:00:11	49	2:20:19
49	300	Naomi de Ronde	21	0:21:10	52	0:04:56	41	1:01:26	48	0:53:07	43	2:20:37
50	291	Rita Mastebroek	56	0:16:43	33	0:04:15	26	1:06:02	51	0:55:50	45	2:22:48

Pos	Bib#	Naam	M/F	Zwemmen	#Z	Wissel 1	#W1	Fietsen	#F	Lopen	#L	Totaal
51	271	Kimberley Gorres	25	0:21:29	53	0:04:39	35	0:55:20	40	1:01:44	50	2:23:10
52	304	Metisse Smit	32	0:19:51	50	0:05:06	42	1:00:25	47	1:02:37	51	2:27:57
53	296	Daphne Oude- Veldhuis	41	0:18:05	43	0:04:39	34	1:04:29	50	1:05:56	52	2:33:06

Uitslag XXL met alle tussentijden

Pos	Bib#	Naam	M/F	Zwemmen	#Z	Wissel 1	#W1	Fiets 1	Fiets 2	Fiets 3	Fietsen	#F	Loop 1	Loop 2	Loop 3	Lopen	#L	Totaal
1	31	Michael Krijnen	M	0:24:37	2	0:01:35	8	0:34:58	0:32:53	0:36:06	1:43:56	3	0:29:01	0:29:56	0:29:57	1:28:52	2	3:38:58
2	9	Joost Christiaans	M	0:27:09	8	0:01:27	7	0:32:31	0:32:30	0:35:40	1:40:41	2	0:33:00	0:32:54	0:32:58	1:38:51	8	3:48:06
3	33	Tom Michiels	M	0:33:56	40	0:02:50	31	0:35:24	0:34:12	0:35:35	1:45:10	5	0:27:39	0:28:35	0:30:13	1:26:26	1	3:48:20
4	67	(Arie de Jong, Arie de Jong, Erwin de Jong)	M	0:26:44	6	0:02:12	20	0:32:12	0:32:30	0:34:00	1:38:41	1	0:33:10	0:36:38	0:38:24	1:48:11	22	3:55:47
5	60	(Paul Wijnja, Harry Cornet, Arjon de Bok)	M	0:26:56	7	0:01:16	3	0:33:50	0:35:17	0:39:09	1:48:15	10	0:33:12	0:34:37	0:34:07	1:41:55	14	3:58:21
6	49	Erik Zijlstra	M	0:29:06	12	0:02:28	22	0:36:00	0:36:05	0:37:38	1:49:42	13	0:32:08	0:32:32	0:32:46	1:37:25	6	3:58:39
7	17	Mathijs groeneveld	M	0:30:19	21	0:01:54	13	0:34:57	0:35:09	0:36:48	1:46:54	7	0:30:19	0:32:37	0:37:34	1:40:29	12	3:59:34
8	22	Wiger Hellema	M	0:29:25	16	0:01:59	14	0:35:44	0:36:02	0:37:45	1:49:30	12	0:32:12	0:32:48	0:34:42	1:39:41	10	4:00:33
9	6	Remy Brunsveld	M	0:30:23	22	0:02:59	35	0:36:41	0:36:58	0:38:21	1:51:59	21	0:30:32	0:32:09	0:32:36	1:35:15	4	4:00:35
10	48	Zeger Zeilemaker	M	0:31:39	31	0:02:42	28	0:35:21	0:34:55	0:37:23	1:47:38	8	0:31:04	0:32:18	0:36:06	1:39:28	9	4:01:25
11	41	Thomas Putters	M	0:26:20	5	0:02:06	17	0:38:57	0:36:47	0:39:38	1:55:21	23	0:31:58	0:33:24	0:34:37	1:39:58	11	4:03:44
12	16	Bas Germs	M	0:27:46	11	0:02:10	18	0:38:20	0:37:16	0:40:17	1:55:52	24	0:31:55	0:33:32	0:33:15	1:38:40	7	4:04:27
13	46	Holger Wagenaar	M	0:33:57	41	0:03:27	44	0:36:40	0:34:51	0:36:31	1:48:00	9	0:31:49	0:34:20	0:35:28	1:41:36	13	4:06:59
14	14	Reinhard van Dijk	M	0:31:52	35	0:02:39	25	0:35:15	0:35:40	0:38:59	1:49:53	14	0:34:23	0:35:27	0:35:16	1:45:05	18	4:09:27
15	27	Geert van Iersel	M	0:31:35	29	0:02:44	29	0:35:43	0:36:20	0:38:21	1:50:23	15	0:34:18	0:36:08	0:34:47	1:45:12	19	4:09:53
16	68	(Hessel Kruijer, Johan van Splunter, Cora van Drunen)	M	0:29:42	17	0:01:24	6	0:34:37	0:34:34	0:35:15	1:44:25	4	0:41:04	0:43:16	0:30:39	1:54:59	32	4:10:28
17	53	Simone Hakenberg	F	0:27:27	10	0:02:06	16	0:38:43	0:37:35	0:40:32	1:56:50	26	0:34:42	0:35:28	0:34:54	1:45:03	17	4:11:24
18	64	(Jari Groenhart, Raymond Groenhart, Gert Wigchers)	M	0:21:06	1	0:01:41	11	0:38:35	0:38:34	0:40:58	1:58:06	30	0:33:39	0:37:16	0:39:49	1:50:43	27	4:11:34
19	43	Lennaert Steen	M	0:35:59	45	0:03:02	37	0:34:57	0:34:22	0:36:34	1:45:51	6	0:35:38	0:36:54	0:35:39	1:48:10	21	4:13:02
20	24	Bart Hofman	M	0:31:37	30	0:02:54	33	0:35:14	0:36:06	0:39:15	1:50:34	16	0:33:21	0:37:59	0:36:54	1:48:13	23	4:13:17
21	65	(Marco Nijkamp, Harold Heering, Erwin Stam)	M	0:31:39	32	0:01:16	2	0:36:51	0:35:40	0:36:40	1:49:09	11	0:35:16	0:38:29	0:37:55	1:51:40	29	4:13:42
22	19	Arnoud Hageman	M	0:30:49	25	0:03:14	39	0:36:22	0:36:43	0:38:32	1:51:35	17	0:37:15	0:36:21	0:35:16	1:48:51	24	4:14:28
23	52	Silvia Brouwer	F	0:27:25	9	0:02:04	15	0:38:46	0:37:36	0:40:13	1:56:34	25	0:35:22	0:36:34	0:37:24	1:49:20	25	4:15:21
24	50	Jeroen Zijlstra	M	0:30:37	23	0:02:40	27	0:36:28	0:37:16	0:38:05	1:51:47	20	0:36:22	0:38:08	0:37:04	1:51:32	28	4:16:35
25	4	Huub Bots	M	0:31:54	36	0:03:21	42	0:35:44	0:36:02	0:39:52	1:51:37	19	0:35:28	0:39:46	0:38:09	1:53:22	30	4:20:13
26	32	Ronald Meier	M	0:29:09	13	0:03:23	43	0:38:25	0:37:34	0:39:23	1:55:20	22	0:35:09	0:36:16	0:42:10	1:53:34	31	4:21:25
27	37	Adriaan Pandelaers	M	0:37:32	46	0:05:39	56	0:39:16	0:40:00	0:44:45	2:04:00	39	0:32:38	0:32:47	0:29:42	1:35:06	3	4:22:15
28	61	(Frank Hermanie, Paul Huizinga, Annemieke Docter)	F	0:29:51	18	0:01:10	1	0:36:44	0:37:04	0:37:49	1:51:36	18	0:39:49	0:41:13	0:39:37	2:00:39	38	4:23:14
29	39	Koen Peeters	M	0:37:49	48	0:04:18	52	0:38:39	0:37:54	0:40:59	1:57:30	29	0:35:18	0:35:21	0:33:29	1:44:08	16	4:23:44
30	13	Jeroen van Dijk	M	0:29:15	14	0:02:11	19	0:39:30	0:37:28	0:40:02	1:57:00	28	0:39:29	0:39:22	0:40:15	1:59:05	35	4:27:30

Pos	Bib#	Naam	M/F	Zwemmen	#Z	Wissel 1	#W1	Fiets 1	Fiets 2	Fiets 3	Fietsen	#F	Loop 1	Loop 2	Loop 3	Lopen	#L	Totaal
31	62	(Marco Leijen, Willem Koster, Nauk van der Donk)	M	0:26:03	4	0:01:47	12	0:42:05	0:45:44	0:45:11	2:12:59	49	0:34:04	0:35:23	0:38:17	1:47:43	20	4:28:30
32	69	(Auke van Telgen, Jos Timmerman, René Smit)	M	0:43:50	59	0:01:39	10	0:39:08	0:40:29	0:42:32	2:02:08	34	0:33:14	0:35:27	0:34:22	1:43:02	15	4:30:38
33	30	Harald Kraaij	M	0:29:16	15	0:04:11	49	0:37:15	0:37:49	0:41:47	1:56:50	27	0:38:30	0:40:45	0:46:38	2:05:52	45	4:36:07
34	20	Frank Hamelink	M	0:31:46	34	0:02:56	34	0:39:51	0:40:38	0:42:42	2:03:10	37	0:37:54	0:39:36	0:42:39	2:00:08	37	4:37:59
35	28	Oscar de Jong	M	0:31:41	33	0:02:48	30	0:39:35	0:39:38	0:43:23	2:02:35	36	0:37:35	0:42:13	0:41:32	2:01:19	39	4:38:22
36	2	Corné Bastiaansen	M	0:30:51	26	0:02:39	26	0:37:31	0:38:37	0:42:37	1:58:44	31	0:40:43	0:40:48	0:44:41	2:06:11	46	4:38:24
37	66	(Raymond Janssen, Paul Janssen, Raymond Janssen)	M	0:34:56	43	0:02:21	21	0:42:36	0:44:20	0:44:09	2:11:03	46	0:35:04	0:37:35	0:37:48	1:50:26	26	4:38:45
38	70	(Betty Rijnberg, Erik Eefting, Annemieke Weijling)	F	0:31:23	28	0:01:21	4	0:38:46	0:40:29	0:43:04	2:02:19	35	0:40:11	0:42:22	0:42:31	2:05:02	42	4:40:04
39	71	(Ferdie Witvoet, Paul Splint, Ferdie Witvoet)	M	0:25:30	3	0:01:36	9	0:50:45	0:55:42	0:53:07	2:39:32	61	0:32:18	0:32:41	0:32:12	1:37:10	5	4:43:46
40	57	Esmeralda Spek-Hovestad	F	0:30:47	24	0:02:38	24	0:43:29	0:42:46	0:45:24	2:11:38	48	0:39:49	0:40:30	0:39:20	1:59:37	36	4:44:40
41	56	Arlana van Ommen	F	0:38:40	51	0:02:53	32	0:40:45	0:40:23	0:43:39	2:04:46	40	0:40:31	0:43:15	0:41:49	2:05:34	43	4:51:52
42	8	Jan Peter Busman	M	0:35:25	44	0:03:15	40	0:40:45	0:39:54	0:42:37	2:03:15	38	0:41:22	0:43:42	0:45:28	2:10:30	47	4:52:24
43	18	Wim de Groot	M	0:31:55	37	0:03:02	36	0:41:01	0:41:20	0:43:57	2:06:17	41	0:41:23	0:44:53	0:45:07	2:11:22	48	4:52:35
44	25	Bas Hoogenboom	M	0:34:05	42	0:05:24	55	0:39:57	0:38:28	0:40:35	1:58:59	32	0:43:54	0:47:00	0:45:20	2:16:13	54	4:54:39
45	35	Rik Murray	M	0:37:54	49	0:06:28	60	0:41:28	0:42:24	0:46:10	2:10:01	44	0:38:09	0:40:34	0:43:39	2:02:21	40	4:56:42
46	26	Jan Willem van Huet	M	0:41:21	56	0:05:45	57	0:43:38	0:43:32	0:46:52	2:14:01	51	0:38:27	0:39:42	0:38:35	1:56:43	34	4:57:48
47	63	(Jurjan Flinkert, Eric de Vries, Jurjan Flinkert)	M	0:44:08	60	0:01:24	5	0:42:30	0:39:19	0:39:54	2:01:42	33	0:36:59	0:45:37	0:50:41	2:13:16	50	5:00:29
48	1	Alex Bloemsma	M	0:30:09	20	0:04:13	50	0:42:25	0:42:44	0:48:26	2:13:34	50	0:41:12	0:47:17	0:45:38	2:14:07	51	5:02:02
49	45	Peter Tijssen	M	0:32:39	39	0:03:38	46	0:41:12	0:41:56	0:43:52	2:06:58	43	0:42:51	0:47:54	0:48:17	2:19:01	57	5:02:15
50	12	Nico Dam	M	0:43:28	58	0:04:34	53	0:42:32	0:42:28	0:46:14	2:11:13	47	0:39:02	0:43:22	0:43:16	2:05:39	44	5:04:53
51	51	Belinda Abbing	F	0:31:10	27	0:03:39	47	0:45:25	0:44:53	0:46:19	2:16:36	53	0:43:34	0:45:50	0:45:31	2:14:54	53	5:06:17
52	7	Armand Burgers	M	0:39:08	52	0:02:36	23	0:40:31	0:41:23	0:44:27	2:06:20	42	0:41:00	0:46:08	0:51:24	2:18:30	56	5:06:34
53	11	Maarten Cox	M	0:40:48	55	0:05:52	58	0:47:54	0:43:57	0:52:02	2:23:52	57	0:41:01	0:39:38	0:35:31	1:56:10	33	5:06:40
54	55	Paula IJzerman	F	0:40:45	54	0:03:27	45	0:45:29	0:44:40	0:47:09	2:17:16	54	0:42:31	0:45:40	0:46:25	2:14:36	52	5:16:02
55	34	Martin Molenaar	M	0:38:08	50	0:06:09	59	0:43:51	0:43:17	0:53:54	2:21:01	55	0:43:00	0:42:44	0:46:50	2:12:33	49	5:17:49
56	3	Erik Boender	M	0:32:34	38	0:04:17	51	0:43:48	0:44:15	0:46:55	2:14:58	52	0:46:54	0:52:30	0:52:58	2:32:21	59	5:24:08
57	5	Wouter Bouw	M	0:47:13	61	0:07:57	61	0:49:22	0:49:29	0:50:03	2:28:53	59	0:36:39	0:40:27	0:45:31	2:02:36	41	5:26:38
58	42	Bert Rodermond	M	0:49:21	62	0:04:09	48	0:47:01	0:45:10	0:50:50	2:23:00	56	0:43:18	0:47:54	0:46:15	2:17:26	55	5:33:55
59	38	Isidro de Paz Garcia	M	0:40:09	53	0:04:47	54	0:47:47	0:48:08	0:51:36	2:27:30	58	0:45:55	0:49:11	0:47:34	2:22:39	58	5:35:04
60	58	Kim Strengman	F	0:42:52	57	0:11:00	62	0:49:23	0:51:36	0:54:52	2:35:49	60	0:55:09	0:58:55	0:57:06	2:51:08	60	6:20:48
61	54	Anne Hobbelt	F	0:37:43	47	0:03:21	41	0:42:26	0:42:26	0:45:33	2:10:24	45						DNF
62	21	Henk Heemskerck	M	0:29:52	19	0:03:11	38											DNF

Uitslag XXL met alle tussentijden

Pos	Bib#	Naam	M/F	Zwemmen	#Z	Wissel 1	#W1	Fiets 1	Fiets 2	Fietsen	#F	Loop 1	Loop 2	Lopen	#L	Totaal
1	198	(Yne Age terpstra, Marco Verkade, Koos-Jelmer de Vries)	M	0:21:35	20	0:01:20	2	0:35:38	0:36:02	1:11:40	2	0:27:11	0:28:09	0:55:19	1	2:29:53
2	98	Berry van Holland	M	0:17:09	2	0:01:59	14	0:36:29	0:38:06	1:14:35	3	0:33:47	0:34:11	1:07:57	10	2:41:38
3	180	Hilde Venema	F	0:17:06	1	0:02:07	16	0:41:37	0:39:54	1:21:31	31	0:31:28	0:33:17	1:04:45	6	2:45:28
4	101	Ger Inberg	M	0:21:54	23	0:01:58	12	0:39:17	0:39:48	1:19:05	19	0:31:32	0:33:00	1:04:32	5	2:47:26
5	197	(Caja Veldhuizen, Jasper Jansens, Caja Veldhuizen)	F	0:19:12	9	0:01:18	1	0:34:28	0:35:50	1:10:17	1	0:36:45	0:40:20	1:17:05	39	2:47:52
6	191	(Jurrien Pelsing, Bram Palm, Bram Palm)	M	0:25:28	49	0:01:46	9	0:37:49	0:40:06	1:17:55	12	0:31:46	0:32:23	1:04:08	3	2:49:16
7	196	(Daphne Spreen, Kevin Eefting, Sabine Spreen)	F	0:19:12	8	0:01:43	7	0:42:34	0:43:49	1:26:22	51	0:31:11	0:31:02	1:02:12	2	2:49:28
8	144	Jeroen van der Vlist	M	0:19:35	10	0:02:14	18	0:40:12	0:39:26	1:19:38	24	0:34:48	0:34:41	1:09:28	11	2:50:53
9	100	Tom Hopman	M	0:22:16	26	0:02:26	23	0:39:42	0:40:28	1:20:09	26	0:33:18	0:33:29	1:06:46	8	2:51:35
10	139	Mark Slotboom	M	0:21:50	22	0:02:18	19	0:38:00	0:39:16	1:17:15	9	0:32:58	0:37:47	1:10:44	15	2:52:05
11	199	(Ramon Wanders, Johannes Wanders, Gerard Postma)	M	0:21:46	21	0:01:53	10	0:37:47	0:38:47	1:16:34	8	0:34:52	0:37:32	1:12:23	21	2:52:34
12	126	Klaas Ridder	M	0:19:59	11	0:02:28	25	0:39:32	0:38:59	1:18:30	16	0:35:07	0:36:44	1:11:50	19	2:52:46
13	135	Erik Millian Schöbel	M	0:20:01	12	0:03:14	49	0:42:25	0:41:27	1:23:51	39	0:33:34	0:32:09	1:05:43	7	2:52:48
14	143	Jelle van der Velde	M	0:20:19	15	0:02:54	34	0:38:45	0:40:32	1:19:16	23	0:34:19	0:36:18	1:10:36	14	2:53:04
15	150	John van der Zee	M	0:23:24	33	0:02:43	31	0:38:14	0:39:39	1:17:52	11	0:34:58	0:35:17	1:10:15	13	2:54:13
16	181	Natascha van der Vis	F	0:18:55	6	0:02:20	22	0:37:21	0:38:33	1:15:54	6	0:39:12	0:38:52	1:18:03	44	2:55:11
17	186	(Levien Buerman, Joost Brilleman, Ronald Pebesma)	M	0:20:14	13	0:01:57	11	0:38:05	0:41:02	1:19:07	20	0:36:30	0:37:43	1:14:13	26	2:55:29
18	122	Gerben Posthumus	M	0:22:56	28	0:03:24	57	0:38:01	0:39:54	1:17:55	13	0:35:56	0:35:23	1:11:19	17	2:55:33
19	130	Dennis roordink	M	0:21:30	19	0:02:00	15	0:38:29	0:38:48	1:17:16	10	0:36:55	0:40:02	1:16:56	37	2:57:41
20	125	Wilfried Reuvers	M	0:26:31	54	0:02:41	30	0:37:55	0:38:22	1:16:16	7	0:35:46	0:36:41	1:12:27	22	2:57:54
21	141	Merijn van Steveninck-de Ruijter	M	0:25:45	50	0:04:04	69	0:41:25	0:42:30	1:23:55	40	0:31:16	0:33:00	1:04:16	4	2:57:59
22	78	Marcel Ammeraal	M	0:25:48	51	0:03:16	50	0:38:05	0:40:20	1:18:24	15	0:35:21	0:37:47	1:13:08	24	3:00:34
23	119	Stefan Nijenhuis	M	0:24:46	44	0:02:30	26	0:36:43	0:39:02	1:15:45	5	0:36:53	0:40:45	1:17:37	42	3:00:37
24	83	Erik Deenen	M	0:23:55	38	0:03:05	40	0:42:49	0:44:35	1:27:24	54	0:33:34	0:33:33	1:07:07	9	3:01:29
25	132	Patrick Ros	M	0:27:18	67	0:02:46	32	0:38:32	0:41:45	1:20:16	27	0:34:26	0:36:56	1:11:21	18	3:01:40
26	187	(Romy van den Broek, Erik Assen, Eric van den Broek)	M	0:27:21	68	0:01:39	6	0:39:08	0:39:52	1:18:59	18	0:38:43	0:35:52	1:14:34	27	3:02:33
27	149	Robin Wolbers	M	0:18:41	5	0:03:05	39	0:40:28	0:41:57	1:22:25	34	0:36:53	0:41:52	1:18:44	48	3:02:54
28	140	Jeroen Smits	M	0:26:39	57	0:02:38	28	0:38:41	0:40:16	1:18:57	17	0:36:03	0:38:46	1:14:48	28	3:03:00
29	162	Sandra Dijk	F	0:20:17	14	0:02:41	29	0:39:19	0:41:01	1:20:20	28	0:39:06	0:40:42	1:19:47	53	3:03:04
30	137	Sander van Schoonhoven	M	0:18:23	4	0:03:23	55	0:46:29	0:39:48	1:26:17	48	0:35:25	0:40:41	1:16:06	34	3:04:08

Pos	Bib#	Naam	M/F	Zwemmen	#Z	Wissel 1	#W1	Fiets 1	Fiets 2	Fietsen	#F	Loop 1	Loop 2	Lopen	#L	Totaal
31	89	Dirk Duijn	M	0:28:04	71	0:03:08	43	0:41:22	0:41:35	1:22:57	36	0:35:53	0:34:20	1:10:12	12	3:04:20
32	107	Marco Klaassen	M	0:21:54	24	0:02:50	33	0:40:11	0:41:58	1:22:09	33	0:38:14	0:39:56	1:18:09	45	3:05:01
33	118	Danny van Mourik	M	0:23:40	36	0:04:01	67	0:40:21	0:41:20	1:21:40	32	0:37:31	0:38:47	1:16:17	35	3:05:37
34	182	Annelies Vrancke	F	0:26:42	58	0:02:14	17	0:38:55	0:40:14	1:19:08	21	0:38:38	0:39:10	1:17:48	43	3:05:50
35	102	Ted de Jager	M	0:17:51	3	0:03:13	45	0:47:05	0:39:13	1:26:17	49	0:37:11	0:42:36	1:19:47	52	3:07:07
36	113	Wietse Lolkema	M	0:23:05	29	0:02:20	21	0:38:39	0:40:30	1:19:09	22	0:39:37	0:43:31	1:23:07	62	3:07:39
37	190	(Wendy Vet, Marcel Mullenders, Wendy Vet)	M	0:30:03	89	0:01:38	5	0:43:12	0:42:33	1:25:45	46	0:33:37	0:37:14	1:10:50	16	3:08:14
38	116	Bastiaan Meijer	M	0:23:45	37	0:04:35	75	0:42:30	0:45:21	1:27:51	60	0:34:04	0:38:25	1:12:28	23	3:08:38
39	155	Elvira van Bolhuis	F	0:20:23	16	0:02:37	27	0:39:17	0:41:44	1:21:00	30	0:40:49	0:44:03	1:24:52	70	3:08:51
40	173	Inga Lehmann	F	0:25:17	47	0:03:20	54	0:41:57	0:43:00	1:24:56	44	0:37:52	0:37:47	1:15:39	30	3:09:10
41	185	(Moniek Beute, Egbert zwiers, Mireille Beukers)	F	0:35:56	104	0:01:38	4	0:37:13	0:37:39	1:14:51	4	0:37:52	0:39:07	1:16:58	38	3:09:22
42	166	Bertine Grootemarsink	F	0:21:22	18	0:03:13	46	0:43:06	0:44:32	1:27:38	57	0:38:35	0:40:07	1:18:41	47	3:10:52
43	192	(Ciska Folkertsma, Kristie Hoeksma, Johan Revers)	M	0:23:33	35	0:02:26	24	0:39:33	0:40:50	1:20:22	29	0:42:11	0:43:39	1:25:49	71	3:12:09
44	131	Christiaan Rooseboom	M	0:26:53	63	0:05:19	88	0:42:39	0:43:50	1:26:29	52	0:37:48	0:35:59	1:13:46	25	3:12:26
45	106	Marinus Keuvelaar	M	0:26:49	61	0:03:14	48	0:39:47	0:40:12	1:19:59	25	0:41:00	0:42:53	1:23:53	66	3:13:52
46	117	Wout Moes	M	0:23:21	32	0:03:13	47	0:37:53	0:40:27	1:18:19	14	0:41:57	0:47:19	1:29:16	79	3:14:07
47	138	Yvor Seinen	M	0:22:21	27	0:03:35	64	0:42:11	0:44:08	1:26:19	50	0:39:03	0:43:06	1:22:09	57	3:14:22
48	87	Martijn Dragt	M	0:23:29	34	0:03:45	66	0:40:41	0:43:26	1:24:06	41	0:39:47	0:43:56	1:23:42	65	3:15:01
49	96	Henk Hoekstra	M	0:27:08	66	0:03:31	59	0:42:49	0:44:50	1:27:39	58	0:36:15	0:40:54	1:17:08	40	3:15:24
50	156	Mathilde Brandsma	F	0:19:07	7	0:04:03	68	0:45:13	0:47:33	1:32:45	69	0:38:54	0:41:10	1:20:04	54	3:15:58
51	129	Don Rolfes	M	0:24:48	45	0:04:37	76	0:44:31	0:47:11	1:31:42	68	0:37:00	0:38:50	1:15:49	31	3:16:55
52	175	Linda van Rijn	F	0:24:17	41	0:04:39	78	0:45:13	0:47:33	1:32:46	70	0:36:43	0:38:39	1:15:22	29	3:17:01
53	154	Marike Bijtelaar	F	0:30:00	88	0:03:30	58	0:41:30	0:42:42	1:24:12	42	0:39:19	0:40:19	1:19:38	51	3:17:19
54	188	(Hiddo Huitema, Bas van der Lee, Mariska Dijkstra)	F	0:25:20	48	0:01:58	13	0:40:42	0:47:52	1:28:33	62	0:39:42	0:42:23	1:22:04	55	3:17:53
55	75	Gerben Aijtink	M	0:27:27	69	0:04:12	70	0:40:49	0:42:25	1:23:14	37	0:40:41	0:42:24	1:23:04	60	3:17:54
56	91	Daniel van Faassen	M	0:28:06	72	0:05:52	95	0:41:45	0:43:42	1:25:26	45	0:37:43	0:41:45	1:19:27	49	3:18:50
57	94	Eric Groeneveld	M	0:24:31	43	0:04:14	71	0:39:36	0:43:41	1:23:17	38	0:42:07	0:45:40	1:27:47	76	3:19:47
58	178	Thea Segeren	F	0:28:59	81	0:02:57	35	0:45:12	0:48:00	1:33:12	73	0:37:35	0:38:24	1:15:59	32	3:21:05
59	80	Ed Boonders	M	0:22:04	25	0:05:31	91	0:46:26	0:51:12	1:37:37	86	0:38:15	0:37:51	1:16:05	33	3:21:16
60	95	Sjon de Haan	M	0:24:29	42	0:03:32	62	0:43:35	0:46:47	1:30:21	66	0:40:21	0:43:05	1:23:25	64	3:21:46
61	151	Sebastiaan zegers	M	0:26:43	59	0:03:19	51	0:43:25	0:44:59	1:28:24	61	0:40:18	0:43:05	1:23:22	63	3:21:46
62	79	Jan Boeve	M	0:24:15	40	0:03:24	56	0:39:57	0:42:55	1:22:51	35	0:44:39	0:48:05	1:32:43	84	3:23:12
63	147	Richard van der Werff	M	0:32:56	94	0:04:43	79	0:46:00	0:48:16	1:34:16	77	0:36:12	0:36:04	1:12:15	20	3:24:09

Pos	Bib#	Naam	M/F	Zwemmen	#Z	Wissel 1	#W1	Fiets 1	Fiets 2	Fietsen	#F	Loop 1	Loop 2	Lopen	#L	Totaal
64	127	Sierk Rijkeboer	M	0:28:31	75	0:04:18	73	0:42:36	0:44:53	1:27:29	55	0:40:27	0:43:59	1:24:26	69	3:24:42
65	85	Brend Dijkers	M	0:34:24	99	0:02:20	20	0:40:53	0:43:43	1:24:36	43	0:40:28	0:43:38	1:24:06	67	3:25:24
66	189	(Freek Uijen, Laura Drewes, Else Tutert)	F	0:23:14	31	0:01:45	8	0:48:05	0:48:36	1:36:41	81	0:41:40	0:42:29	1:24:08	68	3:25:46
67	120	Ruurd Noordhuis	M	0:34:22	98	0:03:04	37	0:43:17	0:44:12	1:27:29	56	0:38:29	0:43:36	1:22:04	56	3:26:58
68	104	Harold Jan ten kate	M	0:27:58	70	0:06:54	103	0:46:56	0:46:14	1:33:09	72	0:37:58	0:41:30	1:19:28	50	3:27:28
69	142	Nico Swart	M	0:29:24	85	0:05:12	85	0:47:42	0:48:28	1:36:10	79	0:37:33	0:39:15	1:16:47	36	3:27:32
70	179	Mayra Smit	F	0:28:40	79	0:03:44	65	0:43:08	0:44:41	1:27:49	59	0:42:32	0:46:04	1:28:36	77	3:28:47
71	105	Arno Katerberg	M	0:31:27	93	0:05:55	96	0:43:23	0:46:02	1:29:24	64	0:40:19	0:41:53	1:22:12	58	3:28:56
72	170	Maaïke Hornstra	F	0:28:40	80	0:04:48	80	0:48:33	0:49:54	1:38:26	87	0:36:44	0:40:29	1:17:12	41	3:29:05
73	123	Tonnie Pruis	M	0:28:34	77	0:05:20	89	0:49:44	0:47:30	1:37:14	85	0:38:08	0:40:24	1:18:31	46	3:29:38
74	172	Marjory Koller	F	0:24:08	39	0:03:05	41	0:43:36	0:45:02	1:28:37	63	0:46:24	0:48:00	1:34:23	85	3:30:12
75	146	Jan van Wengerden	M	0:26:46	60	0:05:40	93	0:43:59	0:51:52	1:35:50	78	0:40:28	0:42:37	1:23:05	61	3:31:19
76	194	(Linde van Harrij, Alex Nijhoff, Alex Nijhoff)	F	0:20:59	17	0:01:21	3	0:45:27	0:51:18	1:36:44	82	0:44:36	0:47:42	1:32:18	83	3:31:21
77	176	Ilse Russcher	F	0:28:33	76	0:04:14	72	0:46:14	0:47:44	1:33:58	75	0:42:38	0:43:33	1:26:11	72	3:32:55
78	136	Aaldrik Scholtens	M	0:29:11	83	0:03:19	52	0:46:20	0:47:56	1:34:16	76	0:42:29	0:45:09	1:27:37	75	3:34:22
79	112	Ralph Lieveense	M	0:27:03	65	0:05:10	84	0:42:48	0:43:20	1:26:07	47	0:47:43	0:50:35	1:38:17	89	3:36:37
80	77	Eelco Algra	M	0:28:11	73	0:04:49	81	0:45:59	0:47:47	1:33:46	74	0:43:09	0:46:56	1:30:05	80	3:36:50
81	121	Gerwin van Os	M	0:28:17	74	0:04:57	82	0:45:37	0:47:16	1:32:53	71	0:43:15	0:47:39	1:30:53	81	3:36:59
82	99	Martin Hoogerkamp	M	0:23:06	30	0:03:34	63	0:44:45	0:45:07	1:29:51	65	0:47:00	0:54:03	1:41:03	93	3:37:32
83	128	Alexander Rijdsdijk	M	0:29:22	84	0:05:13	86	0:48:55	0:47:59	1:36:53	84	0:43:37	0:42:35	1:26:11	73	3:37:37
84	169	Miranda Hornstra	F	0:26:33	55	0:04:38	77	0:47:49	0:52:49	1:40:38	94	0:42:11	0:44:16	1:26:26	74	3:38:13
85	115	Marko Meerman	M	0:25:01	46	0:03:10	44	0:43:37	0:47:36	1:31:13	67	0:46:39	0:52:43	1:39:22	90	3:38:44
86	92	Jeroen Fokken	M	0:34:35	101	0:06:04	97	0:49:18	0:49:58	1:39:15	92	0:39:00	0:43:59	1:22:59	59	3:42:51
87	109	Bas Kouwenhoven	M	0:34:26	100	0:03:19	53	0:46:07	0:50:34	1:36:40	80	0:43:30	0:45:18	1:28:47	78	3:43:11
88	177	Sandra Schenk	F	0:26:50	62	0:03:32	61	0:46:27	0:52:13	1:38:40	88	0:44:58	0:49:38	1:34:35	86	3:43:36
89	195	(Jolanda Splint, Wouter Splint, Erna Splint)	F	0:27:00	64	0:03:06	42	0:46:36	0:50:10	1:36:46	83	0:46:09	0:54:54	1:41:03	94	3:47:53
90	90	Remon Ernst	M	0:29:45	86	0:06:43	101	0:50:33	0:54:59	1:45:31	98	0:44:10	0:46:45	1:30:54	82	3:52:52
91	158	Jacqueline Brouwer	F	0:29:00	82	0:05:17	87	0:49:20	0:52:16	1:41:35	95	0:49:16	0:51:26	1:40:42	92	3:56:32
92	165	Willie Evertse	F	0:31:22	92	0:03:32	60	0:48:57	0:51:04	1:40:00	93	0:46:52	0:54:59	1:41:51	95	3:56:44
93	183	Henriette Wildeboer	F	0:28:39	78	0:05:00	83	0:48:38	0:50:18	1:38:56	89	0:50:07	0:55:09	1:45:16	100	3:57:50
94	157	Djoeke Brons	F	0:26:33	56	0:04:35	74	0:51:05	0:56:27	1:47:32	99	0:48:30	0:51:26	1:39:56	91	3:58:34
95	82	Boudewijn Bos	M	0:30:43	91	0:07:57	105	0:50:09	0:57:27	1:47:36	100	0:48:10	0:49:39	1:37:48	88	4:04:02

Pos	Bib#	Naam	M/F	Zwemmen	#Z	Wissel 1	#W1	Fiets 1	Fiets 2	Fietsen	#F	Loop 1	Loop 2	Lopen	#L	Totaal
96	153	Bernard Zwarts	M	0:36:34	105	0:06:20	98	0:46:03	0:53:07	1:39:10	90	0:45:18	0:56:51	1:42:09	96	4:04:10
97	152	Alfred Zwarts	M	0:35:17	102	0:07:35	104	0:46:03	0:53:08	1:39:10	91	0:45:18	0:56:52	1:42:09	97	4:04:10
98	81	Jeroen Bos	M	0:33:03	97	0:05:39	92	0:50:08	0:57:41	1:47:49	101	0:48:16	0:49:31	1:37:46	87	4:04:16
99	171	Priscilla de Jong	F	0:29:46	87	0:06:43	100	0:50:33	0:54:58	1:45:31	97	0:51:39	0:54:36	1:46:14	101	4:08:12
100	163	Angelique Dijk	F	0:33:00	96	0:06:49	102	0:53:24	0:55:26	1:48:49	102	0:48:24	0:54:32	1:42:55	98	4:11:32
101	88	Jacco Dragt	M	0:30:25	90	0:05:45	94	0:50:05	0:54:59	1:45:04	96	0:56:16	0:58:22	1:54:38	102	4:15:50
102	168	Renate Hofstee	F	0:35:27	103	0:05:29	90	0:54:24	1:00:09	1:54:33	103	0:50:26	0:54:15	1:44:41	99	4:20:09
103	161	Sandra van Diemen	F	0:26:17	53	0:03:05	38	0:41:56	0:45:10	1:27:06	53					DNF
104	111	Arjan Kruyt	M	0:25:52	52	0:02:59	36									DNF
105	174	Solveig Lennaerts	F	0:33:00	95	0:06:30	99									DNF